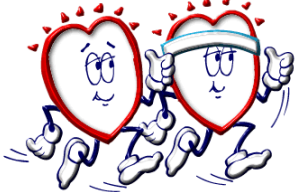












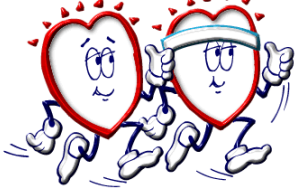






<p>3 MONDAY</p> <p>9:00 – 10:00 Exercise class</p> 	<p>4 TUESDAY</p> <p>WNP Life Center will be closed *</p> 	<p>5 WEDNESDAY</p> <p>9:00 – 10:00 Exercise class</p> <p>Arts and Crafts</p>  <p>12:30pm</p>	<p>6 THURSDAY</p> <p>Mexican Train Dominos 12:30</p>  <p>5:45 Lions Club</p>	<p>7 FRIDAY</p> <p>9:00 – 10:00 Exercise class</p>
<p>10</p> <p>9:00 – 10:00 Exercise class</p> <p>NV Legal Services <i>By appointment only</i></p> 	<p>11</p> <p>Blood Pressure Checks 10:30am- 11:30am</p> <p>12:30 Bingo</p> 	<p>12</p> <p>9:00 – 10:00 Exercise class</p> <p>Arts and Crafts</p>  <p>12:30pm</p> <p>6:00 Bridge Club</p>	<p>13</p> <p>Mexican Train Dominos 12:30</p> 	<p>14</p> <p>9:00 – 10:00 Exercise class</p>
<p>17</p> <p>9:00 – 10:00 Exercise class</p> 	<p>18</p> <p>Blood Pressure Checks 10:30am- 11:30am</p> <p>12:30 Bingo</p> 	<p>19</p> <p>9:00 – 10:00 Exercise class.</p> <p>Arts and Crafts</p>  <p>12:30pm</p> <p>6:00 Bridge Club</p>	<p>20</p> <p>Vision Scope 10:00 – 12:00</p>  <p>Mexican Train Dominos 12:30</p>  <p>6:45 Lions Club</p>	<p>21</p> <p>9:00 – 10:00 Exercise class</p>
<p>24</p> <p>9:00 – 10:00 Exercise class</p> 	<p>25</p> <p>Blood Pressure Checks 10:30am- 11:30am</p> <p>12:30 Bingo</p> 	<p>26</p> <p>9:00 – 10:00 Exercise class</p> <p>Arts and Crafts</p>  <p>12:30pm</p> <p>6:00 Bridge Club</p>	<p>27</p> <p>Churchill Community Coalition 10:30 – 12:00</p> <p>Mexican Train Dominos 12:30</p> 	<p>28</p> <p>9:00 – 10:00 Exercise class</p>
<p>31</p> <p>9:00 – 10:00 Exercise class</p> 				

July 2017 Menu



Monday	Tuesday	Wednesday	Thursday	Friday
3 Soup of the day Grilled Cheese Burger on a Bun Coleslaw Steak Fries Fruit Cocktail Chocolate Chip Cookies	4 Soup of the Day Closed For July 4th Holiday 	5 Soup of the Day Chicken Parmesan Spinach Noodles Green Salad Pineapple Chunks	6 Soup of the Day Beef Stroganoff & Noodles Baked Acorn Squash Orange Spinach Salad Plums Whole Wheat roll	7 Soup of the Day Taco Salad Lettuce, Tomato Cheese, Onion Salsa Mixed Fruit Ice cream Sandwich
10 Soup of the Day Meatloaf Mashed Potatoes Steamed Spinach Lettuce & Tomato Salad Wheat Bread Chantilly Fruit	11 Soup of the Day Chicken Salad on Raisin Bread Lettuce & Tomato Chips Fruit Cocktail Orange Sherbet	12 Soup of the Day BirthDay Day!!!!  BBQ Pork Ribs Baked Beans Butternut Squash Coleslaw Cinnamon Apples Garlic Bread Birthday Cake	13 Soup of the Day Baked Yogurt Chicken Potatoes and Herbs Tossed Salad Bean Combo Peaches	14 Soup of the Day Ham & Cheese Sandwich on 9 grain Bread Cottage Cheese Pears Chips
17 Soup of the Day Southwest BBQ Chicken Burger Baked Beans Carrot Sticks Pineapple Chunks	18 Soup of the Day Meatloaf Mashed Potatoes Steamed Spinach Lettuce & Tomato Salad Wheat Bread Chantilly Fruit	19 Soup of the Day Honey Apricot Chicken Wild & Long Grain Rice Asian Coleslaw California Blend Vegetables Wheat Roll Fresh Orange	20 Soup of the day Beer Batter Cod Pineapple Coleslaw Sweet Potato Fries Peanut Butter Cookie	21 Soup of the Day Turkey Cheese Sandwich Lettuce & Tomato Chips Broccoli Salad Pineapples
24 Soup of the day Spaghetti w/Meat Sauce Green Beans w/Garlic Orange Spinach Salad Garlic Bread Peaches	25 Soup of the Day Liver & Onions Or Chopped Beef Sliced Tomatoes Mashed Potatoes Mexican Peaches Wheat Bread	26 Soup of the Day Turkey Chili Cornbread Mixed Green Salad Ambrosia	27 Soup of the day Alaska Pollock Steamed Rice Pea Salad Brussel Sprouts Brownie Tangerine	28 Soup of the Day Chef Salad w/Turkey, Ham Egg & Cheese Strawberry Cup Chocolate Pudding
31 Soup of the Day Fried Chicken Mashed Potatoes Gravy Coleslaw Biscuit Tossed Salad Cinnamon Pears	1 Soup of the day French Dip on a Bun w/Swiss Pea Salad Fries Melon Cup	2 Soup of the day Egg Rolls Broccoli Steamed rice Oriental Noodle Salad Strawberries Fortune Cookie	3 Soup of the day Sweet & Sour Chicken Brown Rice Peas & Carrots Fresh Chopped Spinach Wheat Bread Oatmeal Date Bar	4 Soup of the day Sloppy Joe on a Bun Celery sticks Peas & Carrots Apple Crisp

Soup Served Daily 11 a.m. – 11:30 a.m. ■ Lunch Served 11:30 a.m. – 12:30 p.m.
 Age 60 and over: \$3.00 Suggested Donation (under age 60: \$6.00)