



Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Teriyaki Fried Rice Layered Salad Fresh Orange	4 Swedish Meatballs Over Egg Noodles Steamed Veggies Fruit Cup	5 Grilled Hamburger Mixed Grain Bun Lettuce/Tomato Baked Beans Grapefruit/Orange Sections	6 Pork Cutlets Au Gratin Potatoes Mixed Veggies Applesauce	7 Polish Dog w/Sauerkraut Tater Tots Fruit Cup
10 Biscuits & Gravy Scrambled Eggs Sausage Links Fruit Cup	11 Shepherd's Pie Fresh Spinach Apricot Bran Muffin Banana	12 Birthday Lunch BBQ Chicken Baked Acorn Squash Cucumbers in Sour Cream Biscuit Chantilly Fruit Cup Birthday Cake	13 Beef Stew WW noodles Garden Salad Cinnamon Pears	14 Ham & Cheese Sandwich Lettuce/Tomato Chips Fruited Jell-O
17 Fish Sandwich On WW Bun w/Cheese, Lettuce Tomato Steak Fries Mandarin Oranges	18 Herb Baked Chicken Small Baked Potato Green Beans Creamy Coleslaw Sliced Pears	19 Baked Meatloaf Mashed Potatoes Steamed Spinach Chantilly Fruit Cup	20 Hawaiian Chicken Meatballs w/Pineapple Over Rice Steamed Broccoli Lemon Pudding	21 Turkey & Cheese Sandwich Lettuce/Tomato Chips Fruited Jell-O
24 Closed For Christmas	25 Closed For Christmas	26 Beef Tacos Ranch Beans Mexicorn Fruit Cup	27 Baked Chicken Breast Steamed Brown Rice Peas & Carrots Spinach Salad Oatmeal Date Bar	28 Tuna Salad on Whole Wheat Lettuce/Tomato Pineapple Coleslaw
31 Spaghetti w/Meat Sauce Green Beans Breadsticks Applesauce				 <p>Nevada Aging and Disability Services Division</p>

2% Milk and WW Bread offered daily; included with meal
 Soup Served Daily 11:00 a.m. – 11:30 a.m. ■ Lunch Served 11:30 a.m. – 12:30 p.m.
 Substitutions may be necessary due to shipping shortages, etc.
 Age 60 and over: \$3.00 Suggested Donation (under age 60: \$6.00)