

SAVVY CAREGIVER TRAINING

An education program presented by the Alzheimer's Association®



Based on research by experts, this 3-week course will provide clinical-level training for family caregivers. Improve your knowledge, approach, skills and outlook. Gain the confidence to set and achieve caregiving goals. Learn strategies to manage stress, make decisions, and manage activities of daily living. The Savvy Caregiver Training Program provides 12-hours of face to face training with dementia experts and a caregiver's manual.



**Tuesdays, April 23, May 7 & 21
1-5 p.m.**

**William N. Pennington Life Center
952 S. Maine St.
Fallon, NV 89406**

**Pre-screening and registration
required by:
March 26 if requesting respite funding
April 16 if NOT requesting respite
funding**

**Contact Heidi Slater at 775.786.8061
or heslater@alz.org**

This project was supported in part, by grant number 90ALGG0011, from the U.S. Department of Health and Human Services, Administration for Community Living, Administration on Aging, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.

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Visit alz.org/CRF to explore additional education programs in your area.

SAINT MARY'S HOSPICE



**Saint Mary's Hospice
of Northern Nevada**

RECRUITING VOLUNTEERS

For individuals who want to help families of patients who are facing the end of their lives, Saint Mary's Hospice of Northern Nevada welcomes volunteers. Hospice volunteers are required to complete a specialized training program and, after training, typically give four hours of their time each week. Volunteer opportunities within the Hospice Volunteer Program include:

- Providing companionship for Hospice patients and families
- Doing simple tasks for Hospice patients and families
- Providing bereavement support
- Assisting in the Hospice office

For interest in our volunteer program please contact our program coordinator Siena Hardy
-775-525-6700
[-Siena.Hardy@lhcgroupp.com](mailto:Siena.Hardy@lhcgroupp.com)