



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>FYI-Soup is not an ASD requirement to be served. WNP Life Center has chosen to serve it when it fits into meal plan.</b></p>			<p><b>30</b> Italian Rice w/ Beef Green Salad w/ Red Wine Vinaigrette Cooked Carrots Spiced Applesauce WW Dinner Roll</p>	<p><b>31</b> Chicken Salad on WW Bread Cucumbers in Sour Cream Tropical Fruit <b>(Black Bean Soup)</b></p>
<p><b>3</b> <b>(NEW ITEM)</b> Beef and Noodle Casserole Garden Salad w/Garbanzo Beans Applesauce</p>	<p><b>4</b> BBQ Chicken Roasted Vegetable Broccoli Salad WW Bread Strawberries</p>	<p><b>5</b> Stuffed Pepper Seasoned Yellow Squash Garden Salad Fruit Cocktail</p>	<p><b>6</b> Tuna Casserole Colorful Salad French Dressing Mangos WW Bread</p>	<p><b>7</b> <b>(NEW ITEM)</b> Crispy Pork Steak Sandwich on WW bun Lettuce and Tomato Carrot Salad Peaches</p>
<p><b>10</b> Grilled Chicken Breast Wild &amp; Long Grain Rice CA Blend Veggies WW Bread Fresh Orange Slices</p>	<p><b>11</b> <b>(NEW ITEM)</b> French Toast Casserole Sausage Link Denver Style Scrambled Eggs Fresh Fruit <b>NO SOUP</b></p>	<p><b>12</b>  Meatloaf Mashed Potatoes Steamed Spinach WW Bread Chantilly Fruit <b>Birthday Cake</b></p>	<p><b>13</b> Pizza Bake Buttered Corn Pea Salad Pears</p>	<p><b>14</b> Egg Salad Sandwich WW Bread Chips Coleslaw Banana Pickle Slice Celery Sticks (Hearty Tomato Soup)</p>
<p><b>17 (NEW ITEM)</b> Chicken Cordon Bleu Skillet Green Salad w/ Red Kidney Beans Pineapple</p>	<p><b>18</b> White Chicken Chili Corn Bread Tossed Green Salad Peach Cobbler <b>NO SOUP</b></p>	<p><b>19</b> Beef Taco Ranch Style Beans Mexicorn Tropical Fruit</p>	<p><b>20</b> Spinach Lasagna Steamed Cauliflower Garden Salad Italian Dressing Strawberries</p>	<p><b>21</b> Tuna on WW Bread Lettuce and Tomato Pickle slice Pineapple Coleslaw Chocolate Pudding  (Vegetable Soup)</p>
<p><b>24</b> Chicken Alfredo Egg Noodles Steamed Spinach Tossed Green Salad Garbanzo Beans Garlic Bread Mandarin Oranges</p>	<p><b>25</b> Pork Steak Au Gratin Potatoes Mixed Veggies Green Salad w/ Kidney Beans Banana</p>	<p><b>26</b> Swiss Steak Baked Potato Herbed Vegetable Medley Green Salad Applesauce</p>	<p><b>27</b> Baked Chicken Mashed Potatoes Gravy Green Beans Coleslaw Pineapple</p>	<p><b>28</b> Grilled HAM &amp; CHEESE Sandwich Pickle Slice Baby Carrots Apricot Halves  (Tomato Soup)</p>

8 oz. 2% Milk and Whole Wheat offered daily; with meal; upon request

Soup Served Daily 11:00 a.m. – 11:30 a.m. ■ Lunch Served 11:30 a.m. – 12:30 p.m.

Age 60 and over: \$3.00 Suggested Donation (anyone under age 60: \$6.00)