



NAMI

National Alliance on Mental Illness

Western Nevada

Warmline

What is Peer Support?

Peers are people impacted by traumatic events around living with a mental illness. Peer support offers respect, understanding, hope, encouragement, and acceptance through mutual experiences lived with mental illness.

What is the Warmline?

The Warmline is a stigma-free, non-crisis, phone service you can **call** or **text** at **775-241-4212** to speak one-on-one with a NAMI WNV CARES Operator. The Warmline is staffed by trained peers in recovery, who provide support to peers by telephone. All phone calls received are kept confidential and callers remain anonymous. Knowing someone cares can motivate us to carry on in recovery.

The Warmline is not a crisis line. If you are experiencing a mental health crisis or emergency, please contact 911.

Who Can Refer ?

- People living with Mental Illness
- Friends
- Family members
- Mental Health Workers
- Law Enforcement
- First Responders
- Hospitals

